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Family Caregivers Unite! Archives Available

February 4th 2013: Help for Caregivers On the Edge

Dr. Diana Denholm is a board-certified psychotherapist who, for over 11 years, was the primary caregiver to her husband during a series of grave illnesses. She describes her professional background, her experience of family caregiving, and her book, 'The Caregiving Wife's Handbook, Caring for Your Seriously Ill Husband, Caring for Yourself', www.caregivingwife.com. She explains what 'being on the edge' means. She discusses challenges for family caregivers caring for partners diagnosed with a serious, long-term illness requiring many years of caregiving. She explains challenges such as getting

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Featured Guest



Diana B. Denholm, PhD, LMHC

Diana B. Denholm, PhD, LMHC, has been a board-certified psychotherapist for more than 30 years. For over 11 years, she was the primary caregiver to her husband during a series of grave illnesses. She gives guidance, support, and resources in her critically acclaimed book, 'The Caregiving Wife's Handbook: Caring for Your Seriously Ill Husband, Caring for Yourself', www.caregivingwife.com. She is a professional speaker and writes articles for Psychology Today, PBS, Stroke Network and various other publications and magazines. She has been featured in the New York Times, AARP Magazine, The Kiplinger Letter, Consumer Reports and The Washington Post.

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