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**Waking Up in America**  
**Wednesday at 2 PM Pacific**  
**February 06th 2013: Quality of Life**

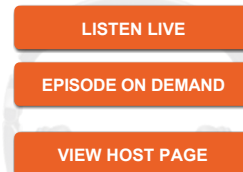
Join Doctor Val, Randi Shannon and Sherry Vincent as they discuss the details of a quality life. This dynamic team team has fun and explores the concepts of forwarding our lives. Invite your friends and share your ideas. Ideas sent to Val@WakingupinAmerica will be selected for reading on the air. We thank our sponsors - Protandim, Sir Jason Winter's Tea, Randi Shannon's 42Action.org, Tad Patterson's www.YouHaveTheRight.com, Marketing with the Stars, El Pinto Salsa (available at Ralph's™), Emergency Management Solutions Global One (www.emsgo.org), DoctorValerie.com and www.ConingCompany.c

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