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February 15th 2013: FORGIVENESS SERIES (interview 3) "CREATING OUR BEST LIFE"

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Dr. Lisa Stewart and Christine Kadin, LMHC, CAP, LPC, Licensed Psychotherapist, and Spiritual Healer, talk about the extraordinary benefits of forgiveness. In this final interview, of the 3-part series, Lisa Stewart and Christine Kadin discuss how to create our best life. As we let go of the limits of the past, we can begin to attract abundance, joy, health, love, and more. We explore the Law of Attraction, the Spiritual Laws of Creation, and are given specific techniques and tips on how to make it happen.

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Featured Guest

Guest Image

Christine Kadin, LMHC, CAP, LPC, JD

Christine is a licensed Psychotherapist, motivational consultant, executive and personal coach in private practice in South Florida. She has extensive experience in EAP services, case management and crisis intervention. As a therapist, Christine chooses an eclectic approach, designed to assess and best serve clients' needs. She specializes in chemical dependency, trauma work, and relationships. She uses a rapid trauma reduction technique with PTSD, and abuse survivors, that she has discovered, called OGRT, which typically alters traumatic memories in an instant. She is interested in individual and corporate performance and growth, wellness coaching, transpersonal psychology, cognit

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