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February 18th 2013: THE PHILOSOPHY OF ARTS AND
WELLNESS

THE PHILOSOPHY OF ARTS AND WELLNESS will be discussion topic at The Wellness Lounge, A Step Further 9 a.m. E.S.T. Monday when host Desiree Watson welcomes guest Sabatino Verlezza to the show. Sabatino is an accomplished dance soloist, award winning choreographer, teacher and Certified Pilates instructor. He soloed for nine years with the May O'Donnell Dance Company in New York City, choreographed works for prestigious dance companies and has taught dance at several Colleges and Universities. While his Verlezza Dance Company produces concerts nationally, Sabatino works to help individuals emp

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