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HEALTH & WELLNESS



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**March 1st 2013: KEEPING LOVE ALIVE . . . AT ANY AGE!**

The divorce rate is staggering. For those who stay in their relationships, many say they're miserable. But it doesn't have to be that way. Dr. Virginia Crist believes the "honeymoon period" doesn't have to end. Dr. Crist talks to Lisa Stewart about people who want to love and be loved. Based on 28 years of experience, make sure to listen her 5 Tips for Loving Couples! Dr. Virginia Crist, Ph.D., LMFT, is a Licensed Marriage and Family Therapist in private practice. She sees individuals and couples who are motivated to have happier lives. She conducted the very first research in

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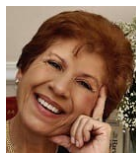
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### Featured Guest



#### Dr. Virginia Crist

Dr. Virginia Crist is a Licensed Marriage and Family Therapist and Certified Sex Therapist in private practice in beautiful Boca Raton, Florida. She enjoys seeing individuals and couples who are motivated to lead happier lives. Dr. Crist offers the "LOVE RE-IGNITED" Intensives for those couples who are looking to transform their relationship in a very powerful way and have the Ultimate Outcome. She passionately commits herself to creating a life transforming experience for every patient she sees. Dr. Crist is known for her research on romantic love and encourages the enhancement of intimacy in interpersonal relationships. In addition to healthy romantic love relationships, she also enjo

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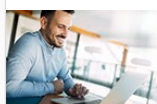
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