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HEALTH & WELLNESS



**Inspired Journeys: Overcoming Adversity and Thriving**  
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**March 12th 2013: Small in Stature, Big in Heart**

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Matthew Jeffers was born with a rare form of dwarfism, called Skeletal Dysplasia, but that has never dampened his extraordinary life philosophy that “the only real adversity is a bad attitude.” Matt will discuss the medical complications he has endured, and the influences that have made a positive difference in his life. Undaunted by his 4’2” size, Matt is successfully pursuing a career in theatre, and will share with us the role he recently played in inspiring the Baltimore Ravens to their Super Bowl championship.

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#### Featured Guest

Guest Image

#### Matthew Jeffers

Matthew Jeffers is 21 years old, born and raised in Baltimore, Maryland. He was born with a rare form of dwarfism that led to years of medical complications and surgeries. He is 4’2” tall. He is currently a senior finishing up his last semester at Towson University. He will graduate with a BFA and plans to move to New York City in the Fall.

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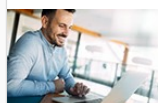
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