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March 14th 2013:TALKING BACK TO DR. PHIL: Alternatives to Mainstream Psychology with Counselor, Educator, Author and Attorney David Bedrick

Our quick-fix society wants instant answers to the things that ail us - weight problems, anxiety, depression, marital conflicts - and too often we turn to the experts of pop psychology to tell us how to ease the pain. We have come to confuse genuine emotional help with sugar-coated panaceas meant to make us feel good for the moment. Is this any way to heal a nation? Counselor, educator, and attorney David Bedrick says there is a better way, one guided by love and deeper spiritual meaning, rather than the unconscious bias of a culture prone to normalization, in his new book, TALKING BACK TO DR.

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Featured Guest



David Bedrick JD, Dipl. PW

David Bedrick JD, Dipl. PW, spent eight years on the faculty of the University of Phoenix and taught courses for the US Navy, 3M, the American Society of Training and Development, the Process Work Institute, and psychological associations. An expert in mediation and conflict resolution, Bedrick blogs for Psychology Today and has received numerous awards for teaching, employee development and legal services to the community.

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