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## Choose Your Energy: Change Your Life! Archives Available

**April 10th 2013: Achieving Equanimity: Your Personal Board of Directors**

Join us for the final building block of my Discovery Framework (tm) when we continue sharing a preview of my upcoming book being released by Hay House/Balboa Press in Spring 2013. If you are like many, every time you start to transcend thoughts of self-imposed limitation and lack, you encounter a rather nasty Voice in your head. The one that puts you back in your place by reminding you that you're not good enough and never will be. Good news! Help is on the way. Your Personal Board of Directors--Sage, Guardian and Muse--is a 24/7 team of experts who can help make giving in to that Voice a thi

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