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Fear is Negotiable: Business Survival Skills 101

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April 23rd 2013: Workplace Violence Series: Personal Safety - Moving from Fear to Action Part Two

In Part Two of the Personal Safety series, Nicole Sundine of Realistic Safety Solutions will continue the discussion of when and how to manage a volatile situation, how to recognize the signs of a potentially life threatening situation, and give us the steps to follow so we know what to do in this event. We will continue the discussion of fighting tactics, how to break a life threatening hold and talk about defense against weapons.

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Featured Guest



Nicole Sundine

Nicole Sundine is the founder of Realistic Safety Solutions, a company that teaches realistic strategies to protect people from threats to both emotional and physical safety. Nicole has been an advocate for the rights of crime victims for twenty-five years. During her career in law enforcement, she led the Victim Assistance Unit where she worked with thousands of crime victims, learning about the dynamics that led to their victimization. As a detective, the focus of Nicole's case assignment was special victims crimes, including assault, domestic violence and stalking. Nicole has a degree in Psychology and has spent years analyzing true crime cases to determine ways to prevent victimiz

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