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PURE Talk Radio Archives Available April 23rd 2013: Joy of Self-Acceptance

We have been bombarded with everyone else's truths; from our parents to teachers to society in general. There may even be times when we lose track of what our own truth represents and even what it really is. This becomes apparent when we accomplish what we think we want in our life only to find ourselves unfulfilled or unhappy; especially when our truth is not considered mainstream. When we truly accept ourselves and others for their brand of uniqueness, even if it is the opposite of our own beliefs and truth, we no longer put effort out to change others. This in turn eradicates the energy of othe

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Featured Guest



Fay Thompson

Fay Thompson is a licensed Spiritual Health Coach, spiritual teacher, and channel committed to increasing the well-being of individuals.

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