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Fear is Negotiable: Business Survival Skills 101

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April 30th 2013: Personal Safety: Using your Intuition as Your Guide

Join us as Karol Ward, Psychotherapist, and author of Find your Inner Voice: Using Instinct and Intuition through the Mind-Body Connection and Nicole Sundine, Author of Realistic Safety Strategies, discuss using innate human instinct and intuition as a guide to threat assessment and situational awareness. In this episode, we will learn how to get in touch with our own intuition, learn how our instincts can be finely honed and then applied to increase our own sense of awareness and personal safety.



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Featured Guests



Karol Ward

Karol Ward, LCSW, is a motivational speaker, therapist and confidence expert. Karol speaks professionally in the areas of wellness and communication and is the author of Find Your Inner Voice (Career Press). Karol conducts presentations for such clients as The Clinton Global Initiative, and has appeared on CNN, NBC, and ABC. Karol has been featured as a psychological and communications expert in such publications as The Wall Street Journal and on Oprah.com.

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Nicole Sundine

Nicole Sundine is the founder of Realistic Safety Solutions, a company that teaches realistic strategies to protect people from threats to both emotional and physical safety. Nicole has been an advocate for the rights of crime victims for twenty-five years. During her career in law enforcement, she led the Victim Assistance Unit where she worked with thousands of crime victims, learning about the dynamics that led to their victimization. As a detective, the focus of Nicole's case assignment was special victims crimes, including assault, domestic violence and stalking. Nicole has a degree in Psychology and has spent years analyzing true crime cases to determine ways to prevent victimiz

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