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# REAL RECOGNITION RADIO

with Roy Saunderson & S. Max Brown every Tuesday at 1:00 et.



*The show that is all about building relationships, inspiring greatness and creating a workplace where people can thrive.*

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### Real Recognition Radio Archives Available

April 30th 2013: It's Always Personal

How do emotions impact women and men at work? On the next episode of Real Recognition Radio, Roy Saunderson and S. Max Brown will speak with Anne Kreamer, the author of *It's Always Personal: Navigating Emotion in the New Workplace*. Anne has worked as a columnist for Fast Company and Martha Stewart Living, and is a frequent blogger on HarvardBusinessReview.org and NextAvenue.org. Her work has appeared in Time, The New York Times, The Wall Street Journal, Real Simple, and Travel + Leisure. How does chronic stress impact performance? Don't miss Rideau's next Real Recognition Radio pr

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### Featured Guest



#### Anne Kreamer

Anne Kreamer is the author of *It's Always Personal: Navigating Emotion in the New Workplace*. Anne is also the author of *Going Gray: What I Learned About Beauty, Sex, Work, Motherhood, Authenticity, and Everything Else That Really Matters*. Her next book, "Plan C," is about the unprecedented professional adaptability required of everyone in the 21st century. Anne has worked as a columnist for Fast Company and Martha Stewart Living, and is a frequent blogger on HarvardBusinessReview.org and NextAvenue.org. Her work has appeared in Time, The New York Times, The Wall Street Journal, Real Simple, and Travel + Leisure. Previously, Anne was Executive Vice President and Worldwide Creative Director

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