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March 28th 2013: Can You Trust Your Emotions?

Dr. Synthia Andrews, lays to rest the myth that emotions cannot be trusted and she will help you answer the questions: "Are emotions illogical? Can they be trusted? Does happiness depend on avoiding negative feelings? Do our emotions control the quality of our lives?" She is a veteran naturopathic physician with thirty years' experience as an energy practitioner and teacher. Dr. Andrews can help you harness the power of emotions in order to make better decisions, heal and let go of the past, and create a life that fulfills your dreams. She will explain why there is more to reality than our fi

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Featured Guest



Dr. Synthia Andrews

Dr. Synthia Andrews, ND, is a naturopathic physician with a private practice in Guilford, Connecticut, where she combines natural medicine with energy modalities. She graduated from the College of Naturopathic Medicine at the University of Bridgeport, taught at Connecticut Center for Massage Therapy, and currently teaches at the Kripalu Yoga Institute. She is an authorized teacher of the Jin Shin Do® Foundation and the founder of the Shoreline Center for Wholistic Health. Andrews is author of several books on health and spirituality and just released The Path of Energy: Awaken your Personal Power and Expand Your Consciousness. She has spoken for the United Nations, the World Genesis Foundati

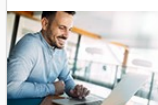
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