



EMPOWERMENT



**The DrStem Show**  
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**May 7th 2013: How to Deal with Control Freaks and Bullies at Work, Home and School**

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The true indicator of a life well lived is not about what you are doing or where you are going; it is about how far you've come from yesterday to today. Quote from Jon Satin and Chris Pattay, The Possibilities Coaches on our show today. They say Real Positive Change is Possible. You have the power to move your life in any direction you want it to go. In today's show they will awaken that inner strength we all possess, to know when someone is controlling you, or your life; to know how to deal with control freaks and bullies at work, home and school. The segment is also an awakening to those

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**Featured Guests**



**Chris Pattay**

The Possibility Coaches Jon Satin and Chris Pattay are known as "The Positive Change Experts." They are Life, Relationship and Business Coaches. Regarded as "Emotional Healers", Jon and Chris empower people to create solutions and live life authentically. Their expertise is guiding individuals with life challenges, relationship & esteem issues and addictions. Going beyond traditional coaching, they assist clients to break through emotional barriers that block personal growth. Since founding Possibility Coaches in 2002, Jon and Chris have been actively exploring the human experience and condition, and empowering individuals and business owners worldwide to live a life of meaning, passion an

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**Jon Satin**

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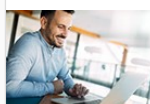
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