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May 06th 2013: Shawn Ray welcomes Lou Ferigo to the show!

Join us Monday, May 6, for MD Radio at 4:00pm PST/7:00pm EST when host Shawn Ray welcomes Lou Ferigo to the show! Lou missed his last scheduled appearance due to shoulder surgery. He joins Shawn this week to talk about the show he will be promoting in 2014. Tune in to hear his exciting plans for bodybuilding in California! Shawn and crew will also be recapping the shows from the weekend, including the Pittsburgh Pro, Mr. Europe, the Ronnie Coleman Classic, and the Jay Cutler Classic, as well as take a look ahead to the Powerhouse Gym Classic Pro/Am Bikini, Figure & Physique Classic and

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