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**May 29th 2013: Feeding Your Sense of Touch: The Power of Massage**

Do you find life physically, mentally and emotionally demanding? Would you like to learn to relax and recharge—to feel happier, stronger and more flexible with more consistent energy for work and play? Join me for an inspiring episode where my guest Kristin Dorrance shares how she used her experience with scarcity, upheaval, insecurity and burnout as a springboard for creating a life of passion, purpose and joy. A Bodyworker and certified massage therapist, Kristin specializes in fostering healing and wellness through therapeutic massage. Based in Aurora, Colorado, she helps her clients feel

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### Featured Guest



#### Kristin Dorrance

Bodyworker Kristin Dorrance, is a certified massage therapist who specializes in fostering healing and wellness through therapeutic massage.

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