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## Family Caregivers Unite!

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**June 4th 2013: Untimely Support for Children with Mental Health Challenges and their Family Caregivers**

Támara Hill, MS, is an integrative therapist, [www.blogs.psychcentral.com/caregivers](http://www.blogs.psychcentral.com/caregivers). She shares her story, explains her work, and highlights the frustrations family caregivers experience in obtaining timely psychotherapy and mental health services for their children and families. She describes the difficulties that confront family caregivers, especially when family members are involved with justice and mental health systems, and the obstacles they encounter in getting medical information about their family members. She explains the help needed by family caregivers and describes the help she pro

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## Featured Guest



### Támara Hill, MS

Támara Hill, MS, is an integrative therapist, working in Pennsylvania. She uses cognitive behavior therapy and existential principles, and specializes in child and adolescent behavioral and mood disorders including trauma.

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