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The Self Improvement Show Archives Available June 20th 2013: The Honesty Experiment

"Can you imagine a world where everyone was honest all the time? Not the 'say whatever you're thinking' kind of honesty, but the simply sincere kind. Genuine. Free. You would never have to worry if your friend was secretly mad at you, or your boss disappointed. People would like you for you, not for the Phantom of the Opera mask you wear outside, concealing the side you're afraid to show." These are the words Kira Newman used to describe her informal study on honesty. Every week people in the program reported on their honesty rating for the week. She's going to tell us what they said and what

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Featured Guest



Kira M. Newman

Kira M. Newman is the founder of the Honesty Experiment, a 30-day challenge where people commit to being honest with themselves and others. She's also a senior writer and editor for Tech Cocktail, a media and events company for tech startups and entrepreneurs. She's been published in the Huffington Post and Social Media Monthly. She's currently living in Europe and loves spending time in Parisian cafes.

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