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Wednesday at 4 PM Pacific

February 04th 2010: Love Your Heart, Backyard Deer Hunting, Be the Star You Are! Essay Winner

Prize-winning author Wm. Hovey Smith has written 13 books, numerous magazine and newspaper articles as well as contributed to many blogs. Three recent titles "Practical Bowfishing," "Crossbow Hunting," and "Backyard Deer Hunting: Converting Deer to Dinner for Pennies Per Pound" stress eating natural foods from the outdoors. In these hard times "Backyard Deer" provides a healthy way to cut food bills and eat healthy meals. Heart Disease is the #1 killer of women. A Harvard study found that 92% of women are in jeopardy of developing cardiovascular disease. In T42, Cynthia Brian and Heather Bri

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Featured Guest

Guest Image

Hovey Smith

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