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[Sharon Kleyne Hour](#)

## Sharon Kleyne Hour

### Monday at 10 AM Pacific

**March 26th 2007:"Importance of Health and Water"**

Maya Dolena (Maui, HA), lifestyle coach, spa owner and retired corporate executive, discusses the importance of health and water. Second guest, Art Bernstein (Gold Hill, OR), naturalist and author discusses "the world's newest ocean".



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