

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) [SIGN-UP NOW!](#) Click to become a Member for Free!



EMPOWERMENT

VOICEAMERICA



The Self Improvement Show Archives Available

November 11th 2010: Midlife Mojo

Are you ready for your midlife crisis? On this show we will talk with Frankie Picasso about "Midlife Mojo" and other things pertinent to self improvement. What's a midlife crisis anyway and how do you deal with it? Are there ways to prepare for midlife so we don't have a "crisis?" We will also be talking about self worth and self esteem, getting rid of negative self talk, working through fear and how and why Frankie is unstoppable.

Tune in

Archives Available on VoiceAmerica
Empowerment Channel

EPISODE ON DEMAND

VIEW HOST PAGE

← SHARE

↓ DOWNLOAD PDF

↔ GET CODE

Share This Episode

f Share On Facebook

t Share On Twitter

in Share On LinkedIn

Connect with VoiceAmerica

Download our mobile apps



Come see what **VoiceAmerica's**
hosts are writing, on **PressBlog!**

