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The Self Improvement Show Archives Available June 09th 2011: How to Improve Your Life

If you're interested in self improvement this show is a "must hear." Ray Scudder will discuss how to live a healthy life as well as how to build and strengthen your relationships. We will look at your career and personal financial success and he will show you how to make those internal changes that maximize your ability to accomplish whatever you want to do. Author of the book, How to Improve Your Life: The Successful Way to Improve Your Life and Achieve Success and Happiness! Scudder will share with us how to know what to improve and will show you how to develop a plan to make that happen.



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