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EMPOWERMENT



**The Self Improvement Show
Archives Available
September 29th 2011: C'ing is Believing**

As an actor, writer and healer, former member of the RAF and former corporate IT person, Andy Yates has stories to tell that we all want and need to hear. Together we will discuss personal tragedies and how they made him examine and challenge his beliefs. We will explore his healing from his own intense emotional pain and what he has learned as a healing facilitator to help other people on their path to wholeness. He will share with us how he and his wife were inspired to begin a practice of "Biointegration" – a blending of mind science, bodywork and energetic processes that enable and emp

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