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### The Self Improvement Show Archives Available

October 13th 2011: How to Be You

Julie-Ann Blackmore is a psychic, a writer, a hypnotherapist, energy healer and a registered nurse who has an amazing life story to tell. Bullied as a child and bullied as an adult woman she set out to help others who had similar experiences. She knew their pain and wanted to help them learn from it and be relieved of it. She will share with us her experiences, how she overcame serious depression and how she can help you be you. When you talk with Julie-Ann you forget the time because you are lost in her warm and lovely British accent and carried away by her inner wisdom. This is a show that w

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