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The Self Improvement Show Archives Available August 23rd 2012: Act Like A Man

Ken Solin states, "What I've learned over two decades is that there are no shortcuts for healing the emotional wounds that hold men back in every aspect of their lives. The 'work' is men helping each other by listening to each other's stories, and responding from their own experiences in similar situations. Judgment and advice are meaningless. When a man shares his feelings with other men, he is expressing his absolute truth." Ken will talk about his own personal journey as well as his work with men's groups and men's issues. You are welcome to call in.

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