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### The Self Improvement Show Archives Available November 15th 2012: Surviving Full Life Catastrophe

Katina Makris is an internationally known author and inspirational speaker. Her calling is Lyme disease, yet her passion is helping ignite the mind-body healing pathway available in each of us. As a survivor of a full life catastrophe, Katina lost everything in her life she held so dear—home and marriage, career and income, a child's death, health and well being—to misdiagnosed Lyme disease. Bedridden, broken and in despair she has defied the odds to heal and reclaim a life of vitality, success and utter joy. With an award winning book and standing room only audiences, this veteran Classical

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