

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) [SIGN-UP NOW!](#) Click to become a Member for Free!



American Heroes Network Archives Available

June 25th 2013: The Spiritual Fitness Initiative

Rev. Dr. Parker and her colleague, Dr. Glenn C. Sammis, are co-creators and Directors of the Spiritual Fitness Initiative, a 12 phase restorative program of care which was first piloted in the Iraqi combat theater. The program is now gaining an increasing reputation "stateside" for its effectiveness in addressing the trauma-specific needs of warriors, veterans, and their families. SFI is viewed as unique among programs which foster resiliency and reintegration of the warrior, because of a multifaceted approach which simultaneously embraces the biophysical, psychological, behavioral, relation

[Read more](#)



Tune in

Archives Available on VoiceAmerica
Variety Channel

[EPISODE ON DEMAND](#)

[VIEW HOST PAGE](#)

Featured Guest

Guest Image

Rev. Dr. Chrys L. Parker, J.D.

Rev. Dr. Chrys L. Parker, J.D. is a nationally known authority in the field of traumatic stress and PTSD. She serves the comprehensive needs of severely traumatized patients and families, particularly those impacted by military service, sexual assault, and critical burns.

[Read more](#)

Share This Episode



Connect with VoiceAmerica

Download our mobile apps



Come see what **VoiceAmerica's**
hosts are writing, on PressBlog!

