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What Matters

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June 26th 2013: Round Robin of Research

These past few weeks have brought an interesting deluge of published research and public statements about health, nutrition, and obesity. So let's discuss the data and the opinions that led to this public declaration of obesity as a disease. And what about the other research? Anxiety, red meat, butter? They all made the medical news in the last two weeks. Let's look at what it really said.



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