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### Energy Medicine and Optimal Health Archives Available

July 08th 2013: Reclaim Your Power with Prune Harris

Now is the time to step forward into our responsibility to be change agents or change angels in the world. Whether we are visionaries, healers or leaders, we need to step boldly to discover our soul's purpose and fulfill it. Aligning to our soul's purpose may be the hardest aspect of self-discovery. The greatest gift is to connect to our soul's purpose. We must also help empower others to fulfill their soul's path. When we synchronize our lives with our true nature and purpose, everything flows easily. As we are all equally worthy, we have been endowed with different gifts to share. We are all

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### Featured Guest



#### Prune Harris

Able to see energy since she was a child, Prune has dedicated her private practice to helping facilitate an individual's optimum health and radiance. She enables her clients to establish a deep connection with understanding their Soul Path and in bringing into balance the energy necessary to consciously engage in walking such a Path in grace and harmony. Trained in Eden Energy Medicine (EEM), Touch For Health and Reiki, she is a practicing Shaman and believes that now is the time for all of us to step into our power as healers, leaders and visionaries. As an Advanced Practitioner of EEM, Prune is delighted to be part of the pioneering teaching team bringing Eden Energy Medicine and the certi

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