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#### July 9th 2013: **Bluestar Families Annual Lifestyle Survey 2013**

The fourth consecutive survey fielded by Blue Star Families, the 2013 Military Family Lifestyle Survey detailed the many challenges faced by military families after more than twelve years of continuous war. The key concerns identified include pay and benefits, changes to retirement, military spouse employment, the effects of deployment on the emotional well-being and development of military children, and military child education.

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### Featured Guest

Guest Image

#### Deborah Bradbard

Deborah Bradbard joined Blue Star Families as the Deputy Director of Research and Policy in October 2012. She received her Ph.D in Counseling Psychology from Auburn University where she also completed clinical training in marriage and family therapy. She also served as Director of the Norfolk Commonwealth's Attorney's Victim and Witness Assistance Program. Dr. Bradbard has contributed to a variety of research projects, outreach materials, and national panels providing subject matter expertise on military mental health issues including PTSD, military sexual trauma, suicide, substance abuse, and traumatic brain injury.

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