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July 15th 2013: Fellowship and Fitness with Guests Scott Strode, Founder, Phoenix Multisport and Gary Enos, Editor, Addiction Professional Magazine

Scott Strode will explain how he has built a physically active and supportive sober community in Colorado, where strenuous activities such as mountain climbing and triathlons serve as a vehicle for fellowship that has been missing in the lives of many recovering addicts. Strode, Founder and Exec. Dir. of Phoenix Multisport, works with individuals who discovered the transformative effect that a healthy, active lifestyle can have on long-term sobriety. Strode will be a speaker at the National Conference on Addiction Disorders (NCAD), held Sept. 21-25 in Anaheim, Calif. Also, Addiction Profess

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Featured Guests



Scott Strode

Scott Strode, an accomplished tri-athlete, mountaineer, ice-climber, outdoorsman, and recovering alcoholic, is the Founder and Exec. Dir. of Phoenix Multisport. Phoenix Multisport has offered a unique approach to combating substance abuse by fostering a supportive, physically active community for individuals who are in recovery and those who choose to live a sober life. In Sept. 2012, Scott received the first CNN Hero award and in Dec. Scott took part in a TV broadcast honoring all Top 10 Heroes.

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Gary Enos

Gary Enos has been editor of Addiction Professional magazine since the publication's founding in 2003. He has served as a writer and editor on topics in the addiction and mental health fields since 1994, having worked as executive editor at Manisses Communications Group in Providence, RI, until the company's closing in 2005. He is a graduate of Brown University and Northwestern University's Medill School of Journalism.

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