



The Dr. Melanie Show

Archives Available

July 11th 2013: **Saving Animals, Running for a Cause, and Partnering with your Doctor**

Allison Cardona helps save animals that would have become victims of neglect. Find out how you can help. Kelly Flynn coaches the Team-In-Training (TNT) Teams to run marathons to raise funding to help find a cure for Leukemia and Lymphoma. See what you can do to participate in one or donate for someone else to do so. Dr. Zachary Berger has written the book Talking to Your Doctor: A Patient's Guide to Communication in the Exam Room and Beyond. A must read for both doctor and patient.

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Featured Guests



Allison Cardona

Allison Cardona is the director of the organization's Cruelty Intervention Advocacy (CIA) program. The CIA program addresses situations where, without intervention, companion animals in New York City are in danger of becoming cruelty victims. To date through this initiative, thousands of animals have been saved that would likely have otherwise become victims of neglect. Cardona has been deployed across the country to respond to cruelty cases and natural disasters. She is trained in technical and large animal rescue, swift water rescue, CPR, first aid, and incident command systems. She is also a member of NYC's Animal Planning Task Force, a coalition of animal welfare and emergency management

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Zackary Berger

Zackary Berger, an Assistant Professor of Medicine at the Johns Hopkins School of Medicine in Baltimore, is an internal medicine physician and primary care doctor. He obtained his MD and PhD from New York University and trained in the primary care - internal medicine residency program at NYU/Bellevue, coming to Hopkins for a faculty position in 2009. In addition to his active adult medicine practice and role as a preceptor (instructor) in the resident clinic, he conducts research on doctor-patient communication and the role of the primary care doctor in cancer treatment. He is particularly interested in measuring and improving safety and quality in the outpatient setting. His publications c

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Guest Image

Kelly Flynn

Kelly Flynn started her running career after college and has been involved in The Leukemia & Lymphoma Society's Team in Training (TNT) program for over 13 years. She has run in many events including notable races such as the Boston, Maine and Dublin marathons. Kelly loves coaching for TNT and she first signed up to honor a friend who had lost his battle with cancer. Initially she didn't know if she could accomplish the task. She had the motivation but not a clue on how to run - much less train for long distance running. When Kelly crossed the finish line she felt such a sense of accomplishment and was thrilled to have completed the run in honor of her late friend. Since that first marathon,

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