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EMPOWERMENT



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July 16th 2013: There are miracles and joys surrounding us in every moment. Have you found yours?

Many people walk around in a haze, feeling vaguely unsatisfied with their lives and unsure what the answer is to feeling better. What Our guest has discovered is that most people aren't lacking for joy in their lives, they just haven't realized that it's there, so they're not taking the time to experience and appreciate what's already available to them. If we can help teens to discover the pathway to joy, it's something that will serve them for the rest of their lives; and if we can help their parents to discover the pathway, they can model the behavior for all of their children, regardless

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Featured Guest



Leah Carey

Leah Carey is a transformational coach, speaker, and writer. Far from being born a natural optimist, Leah spent over two decades struggling with chronic depression. Having finally found her way to mental

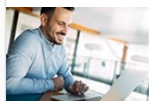
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