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Food For Thought

Archives Available

July 17th 2013: The Link Between Mental and Physical Health: Can A Saliva-Based Genetic Test Bring Us Closer To Treating The Whole Person?

Psychiatric disorders like depression, anxiety, bipolar disease or autism are complex- environmental and biological factors are part of the picture. These biological factors include genetics, neurotransmitter and receptor activity, as well as medical conditions mimicking psychiatric disorders. Imagine having tangible and specific bio-markers in psychiatry as clinically useful as any standard tests. My up coming guest, Dr. Jay Lombard believes we're almost there! He is the Chief Scientific Officer and Medical Director of Genomind- a trusted partner to clinicians keeping them informed of the ra

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Featured Guest



Dr. Jay Lombard

Dr. Jay Lombard is Co-founder, Chief Scientific Officer and Medical Director at Genomind. He is responsible for Genomind's scientific research and development, as well as medical leadership and clinical oversight. Dr. Lombard is a board certified neurologist. He has published books on nutrition and the brain and lectures extensively on this topic. Dr. Lombard has had many tv and radio appearances including Larry King, Dr. Oz, CBS News, Fox News, The Early Morning Show. He was also presented at TEDMED 2012. He is currently a professor of Neurology at Touro College of Osteopathic Medicine. Prior to founding Genomind, Dr. Lombard served as chief of Neurology at Bronx Lebanon Hospital where he

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