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### The Kathryn Zox Show Wednesday at 7 AM Pacific

**August 14th 2013: "Death, Dying and Dessert: Reflections on 20 Questions About Dying" by Susan Lieberman, PhD**

Kathryn interviews cofounder of The Y Collaborative Dr. Susan Lieberman, author of "Death, Dying & Dessert: Reflections on 20 Questions About Dying". It is clear that most of us understand that we will die. Although this destiny is unavoidable, author Susan Lieberman has found that people would rather talk about almost anything else except for death. Tired of seeing people suffer through unnecessary struggle and frustration in their final stages of life, Lieberman decided to explore why people fail to make end-of-life decisions. Lieberman is an ordained interfaith minister and is certified

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#### Featured Guest

Guest Image

#### Susan Abel Lieberman

Susan Abel Lieberman has lived in nine cities, written eight books, directed four educational programs, earned three graduate degrees, raised two sons and wonders if, one day, she may acquire a partridge in a pear tree. In the meantime, she is well satisfied with five grandchildren. Susan was a co-founder of The Y Collaborative, ([www.ycollaborative.com](http://www.ycollaborative.com)) in Houston, Texas which focuses on encouraging healthy people to put end-of-life preparations in place long before a healthcare crisis She frequently speaks about death and dying as well as aging and retirement. Her newest book on death and dying is meant to help adults think, talk and act to put end-of-l

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