

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) [SIGN-UP NOW!](#) Click to become a Member for Free!



### Vibrant Life: Restore the roots of Health Archives Available

**August 21st 2013: Putting it all together: 7 steps to a younger, healthier, lighter and more energetic you in 3 months- Part 2**

Join Dr. Lu medical doctor and doctor of philosophy and Dr. Carter naturopathic physician and chiropractor for the final 2 episodes of "Vibrant Life" on how to take 7 steps now starting a life transforming journey to a younger, healthier, lighter and energetic you despite modern life challenges such as chronic stress, chemical, heavy metal, electrical magnetic frequencies, modern radiation and genetic engineered foods and so on. Is it possible to see yourself and feel yourself younger, healthier so quickly in 3 to 6 months? Welcome to the world of integrative medicine and get ready t

[Read more](#)



### Tune in

Archives Available on VoiceAmerica Health and Wellness Channel

EPISODE ON DEMAND

VIEW HOST PAGE

### Share This Episode



### Connect with VoiceAmerica

Download our mobile apps



Come see what **VoiceAmerica's** hosts are writing, on **PressBlog!**

