



### Today's Inspiring Women Archives Available

**August 22nd 2013: Athena Leadership and Heroic Acts in Humble Shoes**

Martha Mertz is the author of *Becoming ATHENA: Eight Principles of Enlightened Leadership* and the founder of ATHENA International, a nonprofit organization that seeks to support, develop and honor women leaders, inspire them to reach their full potential and create balance in leadership worldwide. She is also a successful real estate entrepreneur as president of the firm Mayhood Mertz Investment, Inc. Martha serves as an ambassador, traveling the globe to share the message that women bring a distinctive, transforming approach to leadership, an approach that goes beyond gender. Second Gu

[Read more](#)



### Tune in

Archives Available on VoiceAmerica  
Empowerment Channel

[EPISODE ON DEMAND](#)

[VIEW HOST PAGE](#)

### Featured Guests



#### Irene Stemler

Irene Stemler is a registered nurse and has over 25 years of health care experience in nursing management, education, advocacy and consulting. She has also been collecting well worn nursing shoes and the stories behind them in response to this country's impending nursing shortage. Irene is the author of *Heroic Acts in Humble Shoes: America's Nurses Tell Their Stories*. This book gives voice to the millions of nurses who are providing compassionate care in the face of unprecedented challenges to our health care system. Irene had been working on nurse recruitment strategies for the federal government and is now back in a clinical role as a Polytrauma Clinical Nurse Educator for the VA, where

[Read more](#)



#### Martha Mayhood Mertz

Martha Mayhood Mertz is the author of *Becoming ATHENA: Eight Principles of Enlightened Leadership* and the founder of ATHENA International, a nonprofit organization that seeks to support, develop and honor women leaders, inspire them to reach their full potential and create balance in leadership worldwide. She is a global speaker in demand on the topic of leadership and a successful real estate entrepreneur as president and owner of the Michigan-based firm Mayhood/Mertz Investment, Inc. Martha was President of ATHENA International from its beginnings in Lansing, MI, in 1982 to May of 1999. Now a global board leads ATHENA and Mertz serves as a board member and ambassador, traveling the globe t

[Read more](#)

### Share This Episode



### Connect with VoiceAmerica

Download our mobile apps

