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### Family Caregivers Unite!

#### Archives Available

**August 27th 2013: In Caring, Who Caregivers and Family Caregivers Are**

Caroline Tapp-McDougall is the publisher and editor of Caregiver Solutions magazine, a Canadian publication dedicated to the wellness of seniors and their caregivers and family. She talks about her life, career and experience with family caregiving, the magazine, and about her organization, [www.canadacares.org](http://www.canadacares.org). She explains why family caregivers are sometimes called 'caregivers', and the difference between the two names. She describes the types and importance of the care family caregivers provide for their family members. She identifies the most challenging of the challenges that family careg

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### Featured Guest



#### Caroline Tapp-McDougall

Caroline Tapp-McDougall is the publisher and editor of 'Caregiver Solutions' magazine, a Canadian publication dedicated to the wellness of seniors and their caregivers and family. She has extensive experience in the areas of health, employee wellness and rehabilitation, and is the print and online editor of a number of medical journals. She's been leading workshops and speaking to employers, caregivers and healthcare professionals from coast to coast for over 10 years. She recently founded 'Canada Cares', [www.canadacares.org](http://www.canadacares.org), an organization that celebrates, says thank you, and supports family and professional caregivers.

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