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EMPOWERMENT



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August 27th 2013: Discover Your Emotional Age™ and How it is Impacting Every Aspect of Your Life!

Most of us know scientists have determined that although we all have a “Chronological Age”, we also have a “Biological Age”. For example, you could be 45-years-old but biologically be closer to 60 (or vice versa). But did you also know you could be 45-years-old chronologically but “emotionally” be closer to that of a rebellious, reckless teenager? Or on the other hand, you could be 20-years-old but “emotionally” behave more like a 60-year-old, highly-responsible, extremely mature, and often exhausted woman. Crystal Andrus joins Bonnie Wirth on PURE Talk Radio to share her brand-new concept, di

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Featured Guest



Crystal Andrus

Crystal Andrus is a worldwide leader in the field of self-discovery and personal transformation. She has risen to become a three-time best-selling author, coach, international speaker, TV personality, and Founder of The S.W.A.T. Institute (Simply Woman Accredited Trainer) international coaching certification school. Crystal's personal story is the perfect backdrop to be a voice for empowerment. She has overcome insurmountable odds to create a life of joy and purpose. Crystal has dedicated her life to helping people transcend their victimhood, martyrdom, and self-limiting beliefs, fears, and patterns. As a Personal Empowerment Coach to people from all walks of life—including A-list celebrit

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