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## Navigating the Cancer Maze

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**August 23rd 2013: Cancer Recovery-Crucial Choices: How to Navigate Critical Crossroads in the Cancer Maze**

The more advanced cancer is, the more essential the need to make informed and smart choices. The crossroads are where battles are won or lost. The majority of cancer patients I see are Stage 4 patients where conventional medicine has reached the end of its efficacy as well as patients who have tried to navigate the maze using alternative medicine. Another group of patients are members of the new Culture of Survivorship who marry the best of conventional and the best of complementary. This latter group certainly demonstrates greater levels of well being. However, at some point, all groups will

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