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**Family Caregivers Unite!**  
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**September 3rd 2013: Family Caregivers Sharing the Burden**

Scott and Julia Duncan founded the Fellowship, [www.sharingtheburden.ca](http://www.sharingtheburden.ca), which operates a 12-step program for all members of troubled families. They talk about their own lives as family caregivers for a family member troubled by addiction who died from accidental overdose of a powerful medication. They explain their work with their Fellowship. They discuss the type of people they work with and the health and family challenges these people face. They describe the ways their Fellowship helps individuals, families and family caregivers who are exhausted, physically, psychologically and spiritual

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**Featured Guest**



**Scott & Julia Duncan**

Scott and Julia Duncan founded the Fellowship, 'Sharing The Burden', which operates a 12-step program for all members of troubled families. Their own experience taught them that, even when only one family member exhibits symptoms, everyone is affected and needs support.

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