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## Leading Conversations with Cheryl Esposito

**Leading Conversations**  
**Friday at 10 AM Pacific**  
**September 13th 2013: Leadership: A Change of Heart**  
**Changes Everything**

Cheryl Esposito welcomes Dr. Deborah Rozman President & co-CEO of Quantum Intech, Inc. the parent company of HeartMath. Deborah's background as entrepreneur, psychologist, & business executive led her to become executive director of the Institute of HeartMath in 1991. Doc Childre started HeartMath to research & develop a science-based system of tools & technologies to help people reduce their stress & improve health, resilience & quality of life. HeartMath's breakthrough research uncovered a physiological state called heart coherence: spirit, heart, brain & nervous system sync

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### Featured Guest



#### Dr. Deborah Rozman

Dr. Deborah Rozman President & co-CEO of Quantum Intech, Inc. the parent company of HeartMath. Deborah's background as entrepreneur, psychologist, & business executive led her to become executive director of the Institute of HeartMath in 1991. Doc Childre started HeartMath to research & develop a science-based system of tools & technologies to help people reduce their stress & improve health, resilience & quality of life. HeartMath's breakthrough research uncovered a physiological state called heart coherence: spirit, heart, brain & nervous system synchronize and align. Today Deborah leads Quantum Intech, which develops HeartMath's technologies. The purpose: "...give people t

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