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EMPOWERMENT



PURE Talk Radio
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September 24th 2013: Stinky Piles of Poo!

Finding joy in your life may not always be easy but it is possible! We can all experience hard days and "stinky piles of poo" show up in everyone's lives. The question isn't whether it WILL happen, but more importantly, HOW we choose to deal with them when they do. Leah Carey joins Bonnie Wirth on PURE Talk Radio where she shares her journey from chronic depression a.k.a her "stinky piles of poo" and how she has used them to her advantage, ultimately finding her way to miracles everywhere. Advice and encouragement on how you can do the same!

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Featured Guest



Leah Carey

Leah Carey is a transformational coach, speaker, and writer. Far from being born a natural optimist, Leah spent over two decades struggling with chronic depression. Having finally found her way to mental

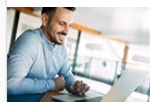
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