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**September 25th 2013: Total Body Healing**

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Back Pain, Headaches, Disease, Sore Muscles what can help me? The human being is a complex machine that takes four different types of fuels in order for it to run at maximum efficiency. For you to operate at this level these fuels need to be in perfect symmetry. Listen to our show today to understand how our physical, emotional, mental and spiritual bodies affect each other. Learn the secrets on how to find this balance to achieve total balance of self.

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### Featured Guests

Guest Image

#### Rochelle

My name is Rochelle and I was living in a world of anxiety that I have never experienced, worrying and trying to have another baby in Sept 2010. A whole new world of darkness for me, heart raced, jitters, emotional mess, couldn't focus on work, obsessed with pregnancy. I tried to get it under control, naturally, thinking of going on medication but didn't want to live like that! I met Pat and Bryce at a friend's and they said they could help me through this. Starting in October 2012 I met with Pat once a week and she taught me the tools I needed to get to where I am today!! I am happy to say that I recently had a baby boy on July 10th and he is everything I dreamed and hoped for. I am gr

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Guest Image

#### Stacy Keeping

I'm Stacy Keeping and have been working with Pat and Bryce to help change my life. I met them in Oct 2010 for work. A few months later I felt my job was ending, my marriage was bad, I hated life, and didn't know where to turn. I called Pat and asked for help. Since then, for the last couple years, I have been healing physically, mentally, emotionally, & spiritually and looking back at where I was blows my mind. My marriage is better than ever, we are learning to communicate and are happy. I am now appreciating what I have. I have wanted to be a mom but we couldn't make it happen, even with fertility treatment. I worked with Pat and Bryce to let go of that want and accept what I have been giv

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