

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) [SIGN-UP NOW!](#) Click to become a Member for Free!



The Self Improvement Show Archives Available

September 26th 2013: This and That with Irene Conlan

It's been a while since we had a chance to chat—just you and me. I want to talk with you about a number of things: de-cluttering (your mind and your house); a do-it-yourself-at-home-addiction program; planning ahead for the holidays; some of the best books I've read; the importance of pets (see the picture above—my dog, Smarty as a pup); and more. I invite you to call in if you have something to share or just want to chat. Call in to 1-888-346-9141

Tune in

Archives Available on VoiceAmerica
Empowerment Channel

[EPISODE ON DEMAND](#)

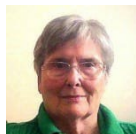
[VIEW HOST PAGE](#)

[SHARE](#)

[DOWNLOAD PDF](#)

[GET CODE](#)

Featured Guest



Irene Conlan

Irene Conlan has a master's degree in nursing and a Ph.D. in Metaphysics. She taught nursing at Arizona State University, served as Director of Nursing Administration at St. Luke's Hospital and Medical Center in Phoenix and served as Assistant Director of the Arizona Department of Health Services.

[Read more](#)

Share This Episode

[Share On Facebook](#)

[Share On Twitter](#)

[Share On LinkedIn](#)

Connect with VoiceAmerica

Download our mobile apps



Come see what **VoiceAmerica's** hosts are writing, on **PressBlog!**

