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EMPOWERMENT



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October 16th 2013: Lessons in Living: Part 1 of 2

In Seasons 1 and 2, I provided book sneak previews of My Wild Ride to Finding Flow and my signature Discovery Framework(tm)--a treasure map for helping individuals and organizations turn unexplored possibilities into fulfilling realities by harnessing the transformative power of love to step into their greatness. This week is the first of 2 episodes in which I share the complete set of 11 lessons in living from my book, Choose Your Energy: Change Your Life released by Hay House/ Balboa Press in June 2013. Today's show encompasses the lessons of hope, courage and triumph shared in Chapters 1, 2

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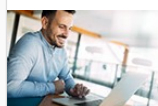
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