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## The Truth About Love Archives Available

**October 03rd 2013:How a Relationship Evolves into More Love**

Spiritually speaking, the purpose of relationships is to propel us into growth. So what is the growth that can happen? Believe it or not, there is a specific path of evolution that occurs in relationships. The path starts with the Dependency Phase -- when you are dependent on another person to feel whole; moves into the Independent Phase -- when you learn to feel whole yourself; and eventually moves into the phase of Deep Union and Connection -- when you embark on an ongoing practice of deepening your love with your partner. On this episode of The Truth About Love, Shelly will discuss these th

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