



Family Caregivers Unite!
Archives Available
October 14th 2013: Family Caregivers Creating Quality of Life Plans

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Shirley Edwards is an 'Identity Coach' specializing in Family Caregivers. She's coached and led workshops for almost 10 years through her Open Mind Coaching business, www.openmindcs.com. She talks about her background and career, her experience of family caregiving, and about the services she provides. She explains what a high quality of life is for family caregivers caring for family members with serious illnesses or disabilities, and why it matters for the family as a whole. She discusses the greatest of the challenges to quality of life experienced by family caregivers. She explains when, w

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Featured Guest



Shirley Edwards

Shirley Edwards is an 'Identity Coach' specializing in Family Caregivers. As a stand for the value of everyone, diversity and inclusion, she loves to quote Oprah – "Who you are matters!" She herself is a Family Caregiver of an adult son with a chronic health condition and disabilities. She is also the daughter/family caregiver of a parent with chronic health conditions and disabilities. And she is a leader from the health and disability field as a program innovator and advocate. Plus, she is a life, leadership and communication coach, consultant and counselor who has been coaching and leading workshops for almost 10 years through her Open Mind Coaching business,

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