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October 14th 2013: Inner Harmony Approach to Enlightened Recovery with Guest Peter Amato, President and Founder, Inner Harmony Wellness Centers

Our guest today is a pioneer in the emerging field of integrative medicine. Peter Amato is President and Founder of Inner Harmony Wellness Centers. The Centers are devoted to delivering a whole person, whole care, health and wellness model that combines the best of conventional medicine with alternative modalities such as acupuncture, chiropractic care, biofeedback, nutritional assessments and counseling. Peter will also discuss the "11th step". In a 12 step program, the 11th step refers to one's relationship to prayer & mediation with regard to establishing a conscious contact with an int

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Featured Guest

Guest Image

Peter Amato

Peter Amato's life has been one of transformation, growth and change. He has studied with Deepak Chopra, Andrew Weil, and Zen master and Nobel Peace prize nominee, Thich Nhat Hanh. Realizing that a new model for healthcare was needed, Peter founded three distinct companies: Inner Harmony Wellness Centers, Inner Harmony Group and Harmony Spa and Retreat. He is also Managing Partner of Integrative Life Centers. Peter was cofounder and past chair of the National Integrative Medicine Council and has worked closely with the American Cancer Society and the Center for Disease Control. Peter is an international lecturer who travels extensively. For nearly two decades Peter has worked as a transf

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