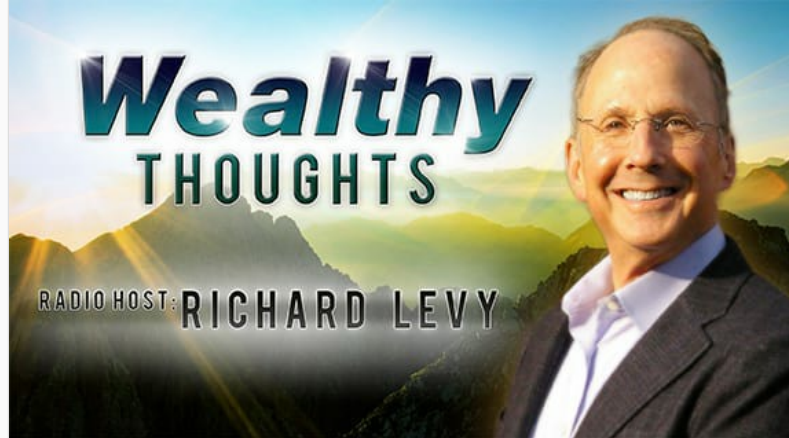


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Dr. Deborah Sandella has been helping others find themselves for over 35 years as a psychotherapist and educator. But her professional methods started to shift after one, life-changing event. Twenty-five years into her professional career, Dr. Sandella received a phone call from a doctor telling her that her father was dying in the hospital. But instead of accepting this sad news as “fact,” she found herself in a very vivid daydream in which her father was walking towards a bright light. She visualized herself yelling at her father, telling him that she was not ready for this to happen

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